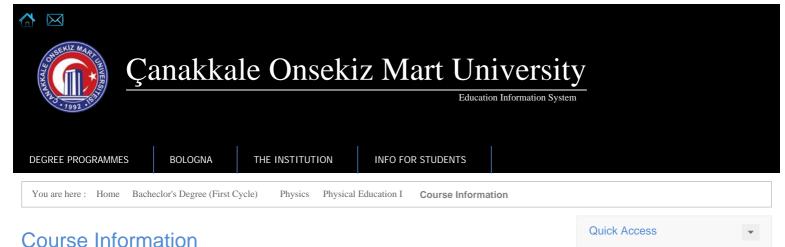
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COURSE INFORMATION

Course Title	Course Title Code Semester L+U Hour Credi							
Physical Education I		BED103 1. Semester 2 + 0 0						
Prerequisites	None							
Language of Instruction	Turkish							
Course Level	Bacheclor's Deg	ree (First Cycle)						
Course Type	Elective							
Mode of delivery	Face to face							
Course Coordinator	Lecturer Güner	Lecturer Güner GÜNAY						
Instructors	Lecturer Ramaz	Lecturer Ramazan ÖZDEMİR						
Assistants								
Course Objectives	education and sp	ports. The students and they will be m	ents to comprehend will have prelimina otivated to adopt a s	ry knowledge abou	ut different			
Course Content	pass, floor pass,	left and right trurn	clude; Basketball: E ing, bank shot; Voll ng styles, passing th	leyball: basic pass,	jump serve,			
Course Learning Outcomes	 2) Identify diffe 3) Explore the e 4) Use sports fai 5) Discover way 6) Work out for 	 Define the general concepts of physical education and sports Identify different rules for various branches of sports Explore the effects of exercise on human body and mind Use sports facilities effectively Discover ways to stay away from unhealthy habits Work out for fitness and health Engage in sports as a lifelong habit. 						

WEEKLY COURSE CONTENT

Week	Topics	Teaching and Learning Methods and Techniques	Study Materials
1. Week	Aims and benefits of physical education, group games	Lecture and practice with training equipment.	
2. Week	Human anatomy, muscles and skeleton structure, different organs and their functions in the body.	Lecture and practice with training equipment.	

Physics
Qualification Awarded
Level of Qualification
Qualification Requirements and Regulations
Specific Admission Requirements
Recognition of Prior Learning
Profile of the Program
Program Key Learning Outcomes
Occupational Profile of Graduates
Access to Further Studies
Course Structure & Credits
Exam Regulations & Assessment & Grading
Graduation Requirements
Mode of Study
Programme Director(or Equivalent)
Evaluation Questionnaire
TYYÇ

Course Information

Course Information

Weekly Course Content

Resources

Assessment

Course Category

CONTRIBUTION OF COURSE LEARNING OUTCOMES TO PROGRAMME OUTCOMES

ECTS credits and course workload

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3. Week	Atatürk and sports, Republic Day walk	Lecture and practice with training equipment.
4. Week	The rules of basketball, passing fundemantals, drills.	Lecture and practice with training equipment.
5. Week	Basketball passing techniques, dribbling drills, games.	Lecture and practice with training equipment.
6. Week	Dribbling, different types of shots and kicking in soccer	Lecture and practice with training equipment.
7. Week	Midterm	Written and applied exam
8. Week	Defensive and offensive systems, one on one and five on five games	Lecture and practice with training equipment.
9. Week	Volleyball passing and shooting drills, games	Lecture and practice with training equipment.
10. Week	Volleyball serve techniques, spiking, blocking, defensive and offensive drills	Lecture and practice with training equipment.
11. Week	Class volleyball tournament	Lecture and practice with training equipment.
12. Week	Exploring winter sports, fun games	Lecture and practice with training equipment.
13. Week	Women and sports, traditional games	Lecture and practice with training equipment.
14. Week	Overcoming unhealthy habits (smoking, doing drugs, alcoholism etc). Fun group games	Lecture and practice with training equipment.
15. Week	Review	Discussion
16. Week	Final	Applied exam

RESOURCES

Recommended Sources
Branch federations and olympic committee publications, 2008
Sport journals and newspapers

ASSESSMENT

Measurement and Evaluation Methods and Techniques						
Midterm exam + Practise (40 %) , Final Exam (60 %)						
In-Term Studies Quantity Perc						
Mid Term Exam 1	1	40				
Total	40					
End-Term Studies	Quantity	Percentage				
Final Exam	1	60				
Total	1	60				
Contribution Of In-Term Stud	40					

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End-Term Studies	60
Total	100

COURSE CATEGORY

Course Category	Percentage
Transferable Skills Courses	% 100

CONTRIBUTION OF COURSE LEARNING OUTCOMES TO PROGRAMME OUTCOMES

Programme Outcomes	Contribution Level		<u>DK2</u>	<u>DK3</u>	<u>DK4</u>	<u>DK5</u>	<u>DK6</u>	<u>DK7</u>
<u>PY1</u>	0	0	0	0	0	0	0	0
<u>PY2</u>	1	1	1	1	1	1	1	1
<u>PY3</u>	0	0	0	0	0	0	0	0
<u>PY4</u>	0	0	0	0	0	0	0	0
<u>PY5</u>	0	0	0	0	0	0	0	0
<u>PY6</u>	2	2	2	2	2	2	2	2
<u>PY7</u>	0	0	0	0	0	0	0	0
<u>PY8</u>	2	2	2	2	2	2	2	2
<u>PY9</u>	3	3	3	3	3	3	3	3
<u>PY10</u>	5	5	5	5	5	5	5	5
<u>PY11</u>	5	5	5	5	5	5	5	5
<u>PY12</u>	1	1	1	1	1	0	0	0
<u>PY13</u>	0	0	0	0	0	0	0	0
<u>PY14</u>	1	1	1	1	1	1	1	1
<u>PY15</u>	2	2	2	2	2	2	2	2

*DK = Course's Contrubution.

	0	1	2	3	4	5
Level of contribution	None	Very Low	Low	Fair	High	Very High

ECTS CREDITS AND COURSE WORKLOAD

Event	Quantity	Duration (Hour)	Total Workload (Hour)
Class Hours (14 weeks)	14 2		28
Final Exam	1	2	2
Mid Term Exam 1	1	2	2
Application/Practice	12	2	24
Fieldwork	1	4	4
Mid Term Exam Preparation	1 3		3
Final Exam Preparation	1	3	3
		Total Workload	66
	2.59		
	3		