

2024 Healthy Campus Evaluation Form

1. General Information:

- University Name: ÇANAKKALE ONSEKİZ MART UNIVERSITY
- Evaluation Date: 30.12.2024
- Evaluator's Name: Dr. Deniz ÜNVER
- Position: University Sports Union Coordinator
- Department: Sports Union Coordinator
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2. Management and Organization:

- How do you evaluate the management and organization of the Healthy Campus approach?
 - ☐ Excellent
 - ☒ Good
 - ☐ Average
 - ☐ Poor
 - How appropriate do you find the objectives set for the Healthy Campus programs?
 - ☐ Very Appropriate
 - ☒ Appropriate
 - ☐ Average
 - ☐ Inappropriate
 - Do you think the Healthy Campus management's efforts to promote a healthy lifestyle are adequate?
 - ☒ Yes
 - ☐ No
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3. Physical Health Activities:

- How do you evaluate the physical health activities on campus? (e.g., sports events, exercise programs, fitness center usage)
 - ☐ Excellent
 - ☒ Good
 - ☐ Average
 - ☐ Poor
- Do you think these activities are sufficient for students and staff?

- ☒ Yes
 - ☐ No
 - How do you evaluate the adequacy of sports facilities?
 - ☒ Adequate
 - ☐ Inadequate
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4. Mental Health and Psychological Support:

- How do you evaluate the mental health and psychological support programs on campus? (e.g., stress management, counseling services)
 - ☐ Excellent
 - ☒ Good
 - ☐ Average
 - ☐ Poor
 - How do you evaluate the accessibility and quality of psychological support services?
 - ☐ Excellent
 - ☐ Good
 - ☒ Average
 - ☐ Poor
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5. Nutrition and Diet Support:

- How do you evaluate the adequacy of the healthy nutrition services on campus?
 - ☒ Excellent
 - ☐ Good
 - ☐ Average
 - ☐ Poor
 - How do you evaluate the availability of nutrition and diet support programs?
 - ☒ Adequate
 - ☐ Inadequate
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6. Social Interaction and Support:

- How do you evaluate the social interaction events on campus? (e.g., social activities, group work)
 - ☐ Excellent
 - ☒ Good
 - ☐ Average
 - ☐ Poor
 - Do you think the university is successful in increasing social interaction among students and staff?
 - ☒ Yes
 - ☐ No
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7. Sustainability and Community Engagement:

- How do you evaluate the campus's efforts to promote healthy living in a sustainable way?
 - ☒ Excellent
 - ☐ Good
 - ☐ Average
 - ☐ Poor
 - Does the university provide enough information to the campus community about healthy living?
 - ☒ Yes
 - ☐ No
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8. Overall Evaluation and Suggestions:

- How would you rate the overall impact of the Healthy Campus programs?
 - ☐ Excellent
 - ☒ Good
 - ☐ Average
 - ☐ Poor
- What areas do you think need improvement? (Please explain)

- Facilities need to be maintained and sports equipment needs to be renewed.

-Employees are elderly and young employment is required.